



A Life of Power and Purpose: The Who, How, and Why of It All

Ephesians 5:15-21

Living by Faith will provide the power and purpose to become all that God has destined and designed for you to become!

The Who is _____—the One who made us and Whose _____ is _____.

1. Embracing the primary objective of the Great Commandment as a way of life. (Matthew 22:34-40)
2. Engaging in the preeminent purpose of the Great Commission on a regular basis. (Matthew 28:16-20)
3. Experiencing the personal power of the Great Commitment through submission to Holy Spirit. (Acts 1:8)

Keep on being filled with the Spirit of Jesus (Ephesians 5:15-21)

- 1) Receive Jesus as Lord and Savior to be given Holy Spirit.
- 2) Rely on Holy Spirit's indwelling...God can't work if we're in the way.
- 3) Repent of your sins daily because sin separates us from God.
- 4) Resign as king of your own life and submit every thought, word, and deed to the absolute authority of Holy Spirit.
- 5) Rehearse the presence of Jesus in your life by "praying without ceasing," living with your focus on pleasing God.

The How is our _____—the Practices that Provide the _____ of our lives.

1. Identify your current habits—get specific about the what. (Jeremiah 7:3-8)
 - 1) What are the good ones and why are they good/healthy?
 - 2) What are the bad habits and why are they bad/unhealthy?

Hint: Beware of the "habit loop"— (1) stop believing the lies; (2) anticipate the triggers; (3) develop a plan of action to think/live in the truth.

When it comes to living by our values, it's not about prioritizing your schedule but rather scheduling your priorities.

2. Inspect all the fruit in your life—be honest about the why. (Ephesians 4:17-24)
 - 1) Describe the fruit that comes out of your mouth at home/at work/when you are alone and why.
 - 1) Is it true?
 - 2) Is it kind?
 - 3) Is it helpful in building stronger relationships?
 - 4) Is it encouraging those who hear to walk closer with God?
 - 2) Describe the fruit that is evident in your behavior at home/at work/when you are alone and why.
 - 1) Do you choose selfless service rather than self-promotion?
 - 2) Are your actions consistent with your stated beliefs?
 - 3) Who in your life holds you accountable?
 - 4) Through your life's habits, are others moving toward a deeper understanding of who God is?

Habit...I am your constant companion...

The Why is our _____—the Purpose that Drives Us to _____ in our _____.

1. All of us are _____ by something!
 - 1) Some are driven by _____.
 - 2) Some are driven by _____ and _____.
 - 3) Some are driven by _____ and _____.
 - 4) Some are driven by _____.
2. All of us can be _____ by a purpose.
 - 1) Know your purpose for being on this _____.
 - (1) Knowing _____ meaning to your life.
 - (2) Knowing _____ your life.
 - (3) Knowing _____ your life.
 - (4) Knowing _____ you for life after life.
 - 2) Know God's plan for you is _____.
 - (1) Since we are made for eternity, life is a _____.
 - (2) Since we are made for eternity, life is a _____.
 - (3) Since we are made for eternity, life is _____.