



A Life of Power and Purpose: Developing Holy Habits to Last a Lifetime

Matthew 7:13-23

Living by Faith will provide the power and purpose to become all that God has _____ and _____ for you through developing Lifestyle Habits of _____!

1. _____ your _____ habits—get _____ about the _____.

“This is what the Lord of Hosts, the God of Israel, says: Correct your ways and your deeds, and I will allow you to live in this place. ⁴ Do not trust deceitful words, chanting: This is the temple of the Lord, the temple of the Lord, the temple of the Lord. ⁵ Instead, if you really change your ways and your actions, if you act justly toward one another, ⁶ if you no longer oppress the foreigner, the fatherless, and the widow and no longer shed innocent blood in this place or follow other gods, bringing harm on yourselves, ⁷ I will allow you to live in this place, the land I gave to your ancestors long ago and forever. ⁸ But look, you keep trusting in deceitful words that cannot help. (Jeremiah 7:3-8)

1) What are the good ones and why are they good/healthy?

Hint: List the “_____” you play in life—husband/wife, father/mother, employer/employee, parent/child, etc.

- 1)
- 2)
- 3)
- 4)

2) What are the bad habits and why are they bad/unhealthy?

Hint: Beware of the “_____” — (1) stop believing the lies; (2) anticipate the _____; (3) develop a plan of action to think/live in the _____.

- 1)
- 2)
- 3)
- 4)

When it comes to living by our values, it’s not about prioritizing your schedule but rather scheduling your priorities.

2. _____ all the _____ in your life—be _____ about the _____.

“Therefore, I say this and testify in the Lord: You should no longer walk as the Gentiles walk, in the futility of their thoughts. ¹⁸ They are darkened in their understanding, excluded from the life of God, because of the ignorance that is in them and because of the hardness of their hearts. ¹⁹ They became callous and gave themselves over to promiscuity for the practice of every kind of impurity with a desire for more and more. ²⁰ But that is not how you learned about the Messiah, ²¹ assuming you heard about Him and were taught by Him, because the truth is in Jesus. ²² You took off your former way of life, the old self that is corrupted by deceitful desires; ²³ you are being renewed in the spirit of your minds; ²⁴ you put on the new self, the one created according to God’s likeness in righteousness and purity of the truth.” (Ephesians 4:17-24)

1) Describe the fruit that comes out of your _____ at home/at work/when you are alone and why.

- 1) Is it true?
- 2) Is it kind?
- 3) Is it helpful in building stronger relationships?
- 4) Is it encouraging those who hear to walk closer with God?

2) Describe the fruit that is evident in your _____ at home/at work/when you are alone and why.

- 1) Do you choose selfless service rather than self-promotion?
- 2) Are your actions consistent with your stated beliefs?
- 3) Have you asked for and received honest feedback from trusted advisors and those who hold you accountable?
- 4) Through observing your life’s habits, are others moving toward a deeper understanding of who God is?

“A Thought and your Destiny”

by Ralph Waldo Emerson

“Sow a thought and you reap an action;
sow an act and you reap a habit;
sow a habit and you reap a character;
sow a character and you reap a destiny.”

Habit...I am your constant companion...