

“Gratitude Gives your Life Altitude”

Romans 16:1-27

Background of the Book of Romans:

“I am not ashamed of the Gospel”

1. A letter written by Paul to the church in Rome, a group of believers he had not seen personally, and the most complete, logical, and clearest presentation of the Christian faith in the New Testament.
2. Probably written about A.D. 57 while he was on his 3rd missionary journey (possibly in Corinth) and this book has been a powerful influence on many great Christians through the centuries: St. Augustine was converted while reading Romans; Martin Luther’s theme of the Reformation was Romans 1:17, and John Wesley (founder of Methodism) “felt his heart strangely warmed” while someone read from Luther’s commentary on Romans.
3. Paul’s purpose was to prepare the way for his coming to Rome personally and his proposed mission to Spain (1:10-15 and 15:22-29), to present the basic tenets of the Christian faith and salvation (it contains one of the most used methods for sharing the Gospel—The Romans Road in 3:23, 6:23, 5:8, and 10:9-10), and to provide an explanation of the relationship between Jew and Gentile in God’s great plan of redemption (this church was mainly Gentile but would also have a large minority of Jewish members—see 14:1-6 for a possible reference to conflict over dietary laws and sacred days).
4. The Outline
 - a. Introduction and the Purpose (1:1-17)
 - b. Receive Jesus’ Love (1:18-11:36)
 - c. Reflect Jesus’ Life (12:1-15:33)
 - d. Inclusion of the People (16:1-2)
5. Key Teachings
 - a. The Need and Nature of Salvation (chapter 1)
 - b. God’s Faithful Righteousness and Man’s Salvation by Grace through Faith (chapters 3-6)
 - c. The Salvation Struggle and Life in the Spirit (chapters 7-8)
 - d. The Place of Israel in God’s Plan of Redemption (chapters 9-11)
 - e. The Christ Life (chapters 12-15)
 - f. “When the Roll is Called Down Here” (chapter 16)

**Your Life will only have as much
Altitude as you have Gratitude!**

1. Gratitude gives us altitude because it _____
your _____ off of _____.

- 1) What happens when we focus on self?
- 2) Why is it _____ to focus exclusively on self?
- 3) How can we live less _____ of self?

*Will you make more of Jesus and others and
less of self for the rest of this year?*

2. Gratitude gives us altitude because it _____
us that we _____ on each other.

- 1) On whom have you relied this past month?
- 2) Who has relied on you this past month?

*As “one body in Christ” isn’t it time to be
grateful for one another?!*

3. Gratitude gives us altitude because it _____
the _____ of our blessings and the _____
of those who’ve helped create who we are!

- 1) Name 5 blessings for which you are grateful:
(1) _____ (2) _____
(3) _____ (4) _____
(5) _____
- 2) Name 5 people who have helped create who you are:
(1) _____ (2) _____
(3) _____ (4) _____
(5) _____

**Gratitude unlocks the fullness of life. It turns what we
have into enough, and more. It turns denial into
acceptance, chaos to order, confusion to clarity. It can
turn a meal into a feast, a house into a home, a
stranger into a friend. Gratitude makes sense of our
past, brings peace for today, and
creates a vision for tomorrow.**