



## “A Life in Balance: Principles of Harmonious Living”

Ephesians 5:1-21

Has 2020 put your life “out of balance”?

1. \_\_\_\_\_ **your life upon Jesus Christ, the** \_\_\_\_\_.  
*Matthew 22:36-40...Become \_\_\_\_\_ with loving God and loving others \_\_\_\_\_!*
2. \_\_\_\_\_ **your** \_\_\_\_\_.  
*1 Peter 5:6-7...Are you trying to “play God” because you believe and behave like it all depends on you?!*
3. \_\_\_\_\_ **your** \_\_\_\_\_.  
*Exodus 20:9-10...To be our best requires some rest!*
4. \_\_\_\_\_ **your** \_\_\_\_\_.  
*Ephesians 5:1-10...What are you seeking? Are your priorities the things God most desires?*
5. \_\_\_\_\_ **your** \_\_\_\_\_.  
*Psalms 119:16...When you feel “out of kilter” and like your “fire” has gone out, get alone with God!*
6. \_\_\_\_\_ **your daily** \_\_\_\_\_ **to God.**  
*Psalms 31:15 “My times are in your hands...”*  
*Ephesians 5:15-17...Seek God’s plan and will.*
7. \_\_\_\_\_ **your** \_\_\_\_\_.  
*Ecclesiastes says to “enjoy what you have.”*  
*Ephesians 5:18-21...live under the Spirit’s influence a life of worshipful gratitude!*



## Focus for your Family

7 Psalms every child (and adult) deserves to know...

- 1) **Psalm 121:1-** *I lift up my eyes to the hills; my help comes from the LORD.*
- 2) **Psalm 46:10-** *Be still, and know that I am God;*
- 3) **Psalm 25:9-** *He guides the humble in what is right and teaches them his way.*
- 4) **Psalm 37:1-5—** *Do not fret because of those who are evil or be envious of those who do wrong; for like the grass they will soon wither, like green plants they will soon die away. Trust in the Lord and do good; dwell in the land and enjoy safe pasture. Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this....*
- 5) **Psalm 27:1-** *The LORD is my light and my salvation-- whom shall I fear? The LORD is the stronghold of my life-- of whom shall I be afraid.*
- 6) **Psalm 40:1-3—** *I waited patiently for the Lord; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the Lord and put their trust in him.*
- 7) **Psalm 23:4-** *Yea, thou I walk through the valley of the shadow of death, I will fear no evil.*



Children are not  
a distraction  
from more  
important work.  
They are the  
most important  
work.

- C.S. Lewis