



First Baptist Church
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A Place of Grace to Believe, Belong, and Become

“FBCE: A Place of Grace to Become...your Destiny”

Genesis 37:1-11, 35; 39:1-10; 50:15-21

You will “Become your Destiny” when you are...

1. _____ about your _____.
 1) Be honest about your _____. Genesis 37:3-4
 2) Be honest about your _____. Gen. 7:5-11

2. _____ to your _____.
 1) Stay _____ when in "_____ house."
 Genesis 37:35; 39:1-10
 Genesis 38 is about a lack of _____ & _____.
 2) Stay _____ even in the "_____ house."
 Genesis 39:16-23; 41:1 "2 full years had passed")

- Life inevitably gives us back what we give to it (like an echo).

3. _____ by your _____.
 1) Seek to be _____ to your _____ (knowing no one can ever be perfect). Genesis 50:15-19
 2) Seek to be _____ in your _____, always behaving with love and grace. Genesis 50:20-21

WISE CHOICES _____ CREATE _____,
 WHICH IS WHERE YOUR DESTINY IS!

No _____, No _____, No _____.

The Destiny of your Family

Your marriage will be successful when you put in the effort. A marriage works when you work at it. In other words, you have to make good habits and disciplines central to your relationship. Emotionally healthy and mature couples practice four crucial habits:

1. **Praying together and trusting God.** Instead of worrying, hold hands and pray. Make time for it, and this habit will change your marriage. You can't help but change when you're in God's presence.
2. **Resolve negative feelings daily.** Negative feelings like anger aren't sinful in themselves, the Bible says Jesus got angry but when you hold onto these feelings and let them simmer inside you, they can become toxic. Today's anger isn't a problem. But yesterday's anger is definitely a problem. Learn to process negative feelings. Talk about your anger. Give your spouse the right to complain and share what has upset them or hurt their feelings.
3. **Have fun together and become best friends.** Enjoying each other's company is how you fell in love in the first place. You talked and talked. You laughed. You spent time enjoying each other. When couples stop doing these things, that's when they fall *out* of love. One of the best ways for couples to have fun together is to enter each other's worlds (do what your spouse enjoys...with her/him!). And definitely schedule a regular date night.
4. **Build close relationships with believers- individually and as a couple.** Your friends are your future. If you want to know what your marriage will look like in a few years, take a look at your friends' marriages. I've found that both healthy relationships *and* bad marriages run in packs. Love everyone, but make sure your closest relationships are with strong believers who will challenge you to be a better Christian, and with couples who will inspire you to start healthy habits in your marriage.

Research says it takes around 60 days for a new habit to rewire your brain and become an almost involuntary behavior. Which of these habits do you and your spouse need to add to your relationship?